

WORKSHOPS

Intro to Pre-Health >>>

Who: Freshmen & students new to HPAO who are interested in Med, Dent, Opt or Pod school. ^{Fall/Spring}

What: Introduction to the health professions including medicine, dentistry, optometry, and podiatry. Learn how to gain experience and develop a competitive applicant profile.

Required before scheduling an appointment with HPAO Advisors.

Are You Ready? >>>

Who: Juniors, Seniors, Alumni, & SIE intending to apply to Med, Dent, Opt or Pod school in the Spring. ^{Fall}

What: help students assess their readiness to apply to professional school through discussing deadlines, best practices, letters of recommendation, the committee process, & resources to research schools.

Required to use the committee process.

Navigating the Application Process >>>

Who: Juniors, Seniors, Alumni, & SIE students intending to apply to Med, Dent, Opt or Pod school. ^{Spring}

What: Help students understand the application timeline, their pre-health packet, how to use Interfolio, timing for secondaries and SJTs, as well as how to avoid common application pitfalls.

Required to use the committee process.

Fall/Spring

Who: Juniors, Seniors, Alumni, & SIE looking to apply to professional school.

What: This is a collaborative session with the Writing Center. We will help you get organized, discover your voice, avoid common mistakes, and talk about a timeline for developing a well-crafted personal statement.

Personal
Statement

Fall/Spring

Who: All students. Attend this early in your undergrad experience and before you apply.

What: This workshop will help you identify why your "why" matters. We'll help identify values, discuss your values and self-assessment, and create an action plan.

Articulating
Your Why

Spring

Who: Juniors, Seniors, Alumni, & SIE students intending to apply to Med, Dent, Opt or Pod school.

What: This workshop will help you develop a competitive school list; understand mission and fit; decide how many schools to apply to, and find resources to research schools.

Building
Your School
List

Intro to PA

Who: Freshmen, Sophomores, & all students new to Pre-PA.

Fall/Spring

What: Introduction to PA. We will discuss requirements, building a school list, developing your experiences, community service, leadership, the CASPA, and the application timeline.

Required before scheduling an appointment with HPAO Advisors.

Guaranteed Pathway Change of Major

Who: Anyone interested in Nursing.

Virtually

What: help students assess their readiness to apply to professional school through discussing deadlines, best practices, letters of recommendation, the committee process, & resources to research schools.

Required before scheduling an appointment with HPAO Advisors.

Questions?
Email preprof@umd.edu



COLLEGE OF
**COMPUTER, MATHEMATICAL,
& NATURAL SCIENCES**

REED-YORKE HEALTH PROFESSIONS ADVISING OFFICE

Note: Seats are limited for workshops, please cancel
if you cannot attend via [OnceHub](#)