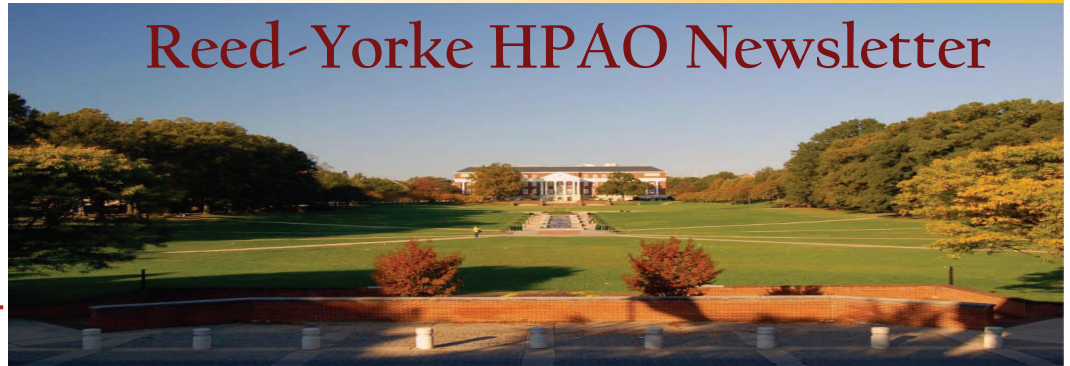




# Reed-Yorke HPAO Newsletter



September 21st, 2009  
Volume 2, Issue 6

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## Wendy's Reading Corner

Welcome back! I hope you are settling into your semester well. The HPAO bi-weekly newsletter has returned to keep you abreast of opportunities on and off-campus and to provide suggestions for reading, volunteer work and resources that will enhance your experiences as a pre-health student. Don't forget to sign up for the HPAO listserv to receive regular announcements and take some time to read back through past issues of the newsletter if you are a first time reader. Enjoy!



### Article:

Check out a quick article from the Aircraft Owners and Pilots Association's online magazine on a family practice doctor who flies out weekly to treat the under-served population of an island in the Chesapeake Bay:

[http://www.aopa.org/members/files/pilot/2009/september/drcopt0909.html?WT.mc\\_id=090821epilot&WT.mc\\_sect=gasa](http://www.aopa.org/members/files/pilot/2009/september/drcopt0909.html?WT.mc_id=090821epilot&WT.mc_sect=gasa)

### Book:

"The Soul of Medicine: Tales from the Bedside"

By Sherwin Nuland

A collection of different stories of surgeons and physicians from various specialties as they confronted disease and their patients over the past 40-50 years

### Reviews:

<http://www.nytimes.com/2009/04/19/books/review/Jauhar-t.html>

<http://www.npr.org/templates/story/story.php?storyId=103095112>

## Important Dates:

- September 21st: Honors presentation
- September 23rd: Pre-Med Society event
- September 25th: Alumni Advice Day
- October 5th: Pre-Med/Pre-Dent Workshop
- October 14th: Letters and Sciences Workshop
- October 15th: Utilizing the HPAO Workshop

## Volunteer experience?

If you're looking for someplace to volunteer, the Hospital for Sick Children in Washington, D.C. has a volunteer program in need of both patient care and administrative volunteers. The HSC Pediatric Center (HSC) is the only hospital in the Washington metropolitan area dedicated exclusively to the rehabilitation and care of children with special needs.

**PATIENT CARE VOLUNTEERS** choose to work directly with children, extending the care of our nurses and therapists. You might cuddle a baby or toddler whose family cannot be here. You may read a bedtime story, or help with schoolwork. You may also help recreation therapy staff plan and organize special parties, activities and outings for patients.

**ADMINISTRATIVE VOLUNTEERS** are vital to the successful operation of the hospital. HSC turns to these volunteers to lend a helping hand with administrative tasks such as typing and filing. HSC may ask for help with special events and fundraising activities, too.

[http://www.hscpediatriccenter.org/volunteer\\_program.cfm](http://www.hscpediatriccenter.org/volunteer_program.cfm)

## *Early Assurance Deadlines*

Many universities across the nation offer Early Assurance programs for students who know they want to go into medicine and want to secure an early seat, oftentimes while bypassing the MCAT. These are a couple of schools offering EA programs that have upcoming deadlines:

- ⇒ Mount Sinai University, NY: October 1st
- ⇒ Wake Forest University, NC: November 1st
- ⇒ University of Toledo, OH: November 1st

For more information on these and other EA programs, check out the HPAO's website here:

<http://www.prehealth.umd.edu/otherearlyassuranceprograms.html>

## *AspiringDocs.org Website Update!*

### **The AspiringDocs.org Campaign is Getting Back in Touch**

The AAMC AspiringDocs.org Campaign to increase diversity in medicine is getting back in touch with you!

They've improved the Web site over the past few months by adding new features and expanded resources for students. Please visit the site to:

- ⇒ Access the updated [Outreach Toolkit](#) for materials you can use to integrate AspiringDocs.org into your work with students.
- ⇒ View the new [Careers Page](#) for career-oriented podcasts, information on medical careers, and more.
- ⇒ Go to the updated [AspiringDocs.org Homepage](#) for easier navigation of the entire site.

With your continued help, the AspiringDocs.org Campaign is successfully spreading the word about the importance of increasing diversity in medicine and providing a free, reliable source of information to aspiring doctors.

## *HPAO Fall Hours*

### Fall Walk-in Hours

⇒ Wendy:

- Mondays, 1:30 p.m.—3:30 p.m.
- Wednesdays, 9:00 a.m.—12:00 p.m.

⇒ Nick:

- Tuesdays, 1:30 p.m.—3:30 p.m.
- Thursdays, 10:00 a.m.—12:00 p.m.

## *“The Last Lecture,” Among Others*

### Randy Pausch: Really Achieving Your Childhood Dreams

On September 18, 2007, Carnegie Mellon professor and alumnus Randy Pausch delivered a one-of-a-kind last lecture that made the world stop and pay attention. It became an Internet sensation viewed by millions, an international media story, and a best-selling book that has been published in 35 languages. To this day, people everywhere continue to talk about Randy, share his message and put his life lessons into action in their own lives.

Randy died July 25, 2008, at the age of 47, of pancreatic cancer. To view his “Last Lecture,” click here:

<http://www.youtube.com/watch?v=ji5 MqicxSo>

### Anthony Goodwin: The Human Body

You live with it 24 hours a day. But how well do you really know it? These 32 lectures are your owner's manual to a remarkably complex, resilient, and endlessly fascinating structure: the human body.

Your guide is Dr. Anthony A. Goodman—surgeon, professor, and writer—who takes you step by step through the major systems of the body, explaining exactly how things work and why they sometimes don't.

Using detailed color illustrations, life-sized models, and, in one lecture, a video shot during surgery, Dr. Goodman gives clear descriptions of structure (anatomy) and function (physiology) aimed at the level of the interested layperson.

Anyone taking the MCAT? Many students have found Dr. Goodwin's lectures as great review for the MCAT, especially if you haven't taken an anatomy course in the past.

[http://www.archive.org/details/Understandingthehumanbody\\_Part1](http://www.archive.org/details/Understandingthehumanbody_Part1)

## *Workshops and Upcoming Events: What They're all About*

### - So You Want to be a Doctor or Dentist? Workshop

This workshop is designed specifically for freshman and sophomores who are just starting the journey to become a doctor or a dentist. The seminar is an informational session where students learn about what classes serve as prerequisites for professional school, what activities help strengthen an application, and how the pre-professional timeline works. If you want to enter medical or dental school, whether you are sure or not, this is the workshop for you.

### - Beginning the Application Process: Utilizing the HPAO Credentials Service Workshop

Have you ever wondered what its like to apply to any pre-health school? Nervous, anxious, confused? If you are a junior or senior, this is the workshop for you. This workshop is designed specifically for those who are likely going to be engaged in the application process over the next year or two. The workshop will focus on the application process and how the HPAO credentials service is utilized.

### - Pre-Health Societies Convention

Have you ever wondered what the Charles R. Drew Pre-Med Society does? How about the Pre-Optometry Society or what the AMSA stands for? If so, come out to the the pre-health society convention where students can get to know the details about each pre-health society. If you missed the first look fair, then this is your second chance. Members from all of the pre-health societies will attend and the HPAO will also be in attendance. Make sure you don't miss this wonderful event.

### - Alumni Advice Day

Alumni Advice Day is a way to hear what health professions are like from past students at UMD. BUT, when we say students, we don't mean just anyone. The alumni that we will have in attendance at Alumni Advice Day include **Dr. Morgan**, Director of Recruitment for University of Maryland's College of Dental Surgery, **Dr. Foxwell**, Assistant Dean of Admissions at University of Maryland's School of Medicine, as well as others. Get a chance to hear what they have to say about dental and medical school. After their talk, there will be a chance to meet in small groups with the alumni and discuss any questions that you may have over lunch, compliments of the CLFS Development Office. There is no need to RSVP. Just come out for any portion of the program that fits your schedule.

**Alumni Panel: 10-11:30 am. 0112 CHEM Building, The Marker Seminar Room**  
**Lunch with visiting Alumni: 12-1 PM Atrium, CHEM Building**

# September-October, 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
20	21	22	23 <i>Pre-Health Societies Convention 5pm Grand Bllrm</i>	24	25 <i>Alumni Advice Day 10 -11 Marker Seminar room</i>	26
27	28	29	30	1	2	3
4	5 <i>Pre-Med/Dent Workshop 12:00 -1:30 BPS 0283 Fresh -Soph</i>	6	7	8	9	10
11	12	13	14 <i>Letters &amp; Sciences Pre-Health Workshop 3pm Hornbake 0115</i>	15 <i>Utilizing HPAO Credentials Service 12-1 BPS 1243 Jr.Sr</i>	16	17

\*\*Please note, the Pre-health website has a Google calendar that can be synced with your Gmail account or with other calendar programs.

Please e-mail us with any comments or questions you would like to see addressed in the HPAO Newsletter!

[Prehealth7805@gmail.com](mailto:Prehealth7805@gmail.com)

Find us online!

<http://prehealth.umd.edu>

## Health Professions Advising Office Mission

The mission of the undergraduate Health Professions Advising Office supports the overall objectives of the University of Maryland, particularly its commitment to health care education and the training of health care professionals for the 21st century and beyond.

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